



## **IAK Certificate of Cultural Recognition & Learning**

### **IAK 文化认证证书体系**

**Honoring Cultural Wisdom. Inspiring Lifelong Practice.**

**传承文化智慧，激发终身修行。**

**The IAK Certificate of Cultural Recognition & Learning is an official non-formal credential granted by the IAK Culture Association Switzerland. It honors individuals who engage deeply with classical Eastern traditions—Confucianism, Taoism, Buddhism—and their modern applications in breathwork, healing, and cultural dialogue. Designed for international learners, the certification system recognizes authentic learning, practice, and mentorship in an integrative East-West framework.**

IAK 文化认证证书由瑞士 IAK 文化协会设立，是面向全球学员的非学历、非营利文化荣誉体系。该体系致力于表彰在儒家、道家、佛学等东方古典传统，以及呼吸疗愈、文化对话等现代实践中，完成系统学习与修行的个人。它代表着一种真实的文化承载力，也是通往中西交融教育平台的重要凭证。

**Levels range from foundational learning to advanced teaching certification, and each certificate reflects IAK's commitment to excellence, depth, and authenticity in cultural transmission.**

证书体系分为基础学习、实践深化到导师认证三个等级，体现 IAK 对文化传承深度、品质与真诚的长期承诺。

👉 [\*\*Learn More About the Certification Levels\*\*](#)

👉 [\*\*了解各级别认证内容\*\*](#)



## **IAK Certificate of Cultural Recognition & Learning**

### **《IAK 文化认证证书制度说明书》**

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## **I. Organization Introduction**

### **一、机构介绍**

**IAK Culture Association Switzerland** is a registered non-profit organization (NGO/Verein) in Switzerland, committed to fostering dialogue and integration between ancient Eastern wisdom and modern Western civilization. With a focus on classical studies, mind-body healing, cross-cultural education, arts, and sustainability, IAK promotes traditional Chinese philosophies—Buddhism, Taoism, Confucianism, and classical literature—through an international community, digital platforms, and offline academies.

**\*\*IAK 文化协会 (IAK Culture Association Switzerland) \*\***是瑞士注册的非营利机构 (NGO / Verein)，致力于推动东方古代智慧与西方现代文明的对话与融合。协会以经典文化研究、身心疗愈、跨文化教育、艺术与可持续发展为核心，通过国际社区、APP 平台与线下学院，系统传播佛法、道家、儒家以及中国古典学术传统（经史子集、诸子百家等）。

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## **II. Certification Purpose**

### **二、认证宗旨**

The IAK Certificate is designed to recognize individuals who have completed structured learning and practice in traditional Eastern knowledge, including classical texts, breath-based cultivation, and integrative healing. It supports cultural transmission, innovation, and cross-cultural engagement.

“IAK 文化认证证书”旨在表彰在东方古代文化、身心修养、呼吸与疗愈等领域完成系统学习与实践的学员，鼓励文化的传承、创新与跨文化传播。

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### III. Legal Status & Independence

#### 三、证书合法性与独立性

IAK is a legally recognized Swiss association under Article 60 of the Swiss Civil Code (ZGB Art. 60 ff), with the right to offer educational programs and issue non-formal certificates. All IAK certificates:

- Are based on authentic learning and evaluation processes
- Do not equate to national degrees but carry cultural authority
- Serve as credible records for academic, cultural, and international collaboration

IAK 为合法注册的瑞士协会，依据瑞士《民法典》第 60 条（ZGB Art. 60 ff）享有开设课程、培训和颁发非官方证书的权利。IAK 颁发的所有证书：

- 基于真实的学习项目与评估
  - 不等同于国家学历认证，但具备文化传承权威性
  - 可作为教育履历、文化合作与国际交流的重要证明
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#### IV. Certificate Levels & Requirements

#### 四、证书等级与内容

Level Title		Overview	Duration
L1	Certificate of Cultural Learning	Completion of IAK courses; foundation in Eastern cultural knowledge including classics, breathwork, and cultural immersion	6–8 months
L2	Certificate of Cultural Practice	Advanced study and practical application with project or mentoring report	12–24 months
L3	IAK Certified Cultural Mentor	Master-level cultivation with teaching capacity; final lecture or thesis required	36+ months
等级	名称	内容与要求	时长
L1	IAK 文化学习证书	完成 IAK 课程，掌握东方文化基础知识（如经典导读、呼吸调养、文化实践）	6–8 个月
L2	IAK 文化实践证书	进行深入学习+实践应用，完成项目报告或教学辅导	12–24 个月
L3	IAK 认证导师证书	深入研修，具备传承力和教学能力，完成结业演讲或论文	36 个月以上



## V. Certificate Information

### 五、证书信息包含

All IAK certificates contain the following elements:

- Name of the certificate holder and certified program
- Official seal and signature of the IAK Culture Association
- Unique certificate number and date of issue
- Bilingual (Chinese-English) content
- Verification QR code linked to IAK's official registry

所有 IAK 文化认证证书均包含以下要素，确保权威性与可验证性：

- 持证人姓名与所修项目名称
  - IAK 文化协会官方标识与主席签章
  - 独立编号与认证日期
  - 中英双语说明文本
  - 防伪二维码，可通过官网验证证书真伪
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## **VI. Scope of Application**

### **六、应用范围**

IAK cultural certificates can be used in the following ways:

- As official records of personal learning and cultivation
- For applying to intercultural or academic programs
- As reference credentials for institutions in selecting cultural facilitators
- To qualify for IAK educator, mentor, or cultural leadership roles
- As digital badges within the IAK App to enrich your learning profile

IAK 文化认证证书广泛适用于以下场景与用途：

- 作为个人学术与修行历程的正式记录
- 用于申请跨文化教育、交流或研究项目
- 作为合作机构甄选文化人才与教学能力的参考依据
- 申请 IAK 讲师、导师或文化项目主导人时的资格材料
- 上传至 IAK APP 账户，作为数字徽章与个人履历展示



## VII. Evaluation & Assessment Standards

### 七、评估与考核标准

IAK's certification process includes both formative and summative assessments to ensure quality learning and cultural integrity. Criteria include:

- Attendance and engagement in learning modules
- Practical demonstration (e.g. breathwork, ritual, teaching)
- Cultural understanding (classics interpretation, essays, oral sharing)
- Project completion or mentorship contribution (for L2 & L3)
- Final review by IAK-appointed advisors or instructors

IAK 的认证评估体系包括过程性与结果性的双重考核，以确保学习质量与文化内涵的真实传承。主要标准包括：

- 课程出勤与参与程度
  - 文化实践展示（如呼吸调养、礼仪实践、教学示范）
  - 理论掌握（如经典理解、论文撰写、口头分享）
  - 项目成果或指导任务的完成情况（适用于 L2 与 L3）
  - 最终由 IAK 指定导师或评委团进行综合评审
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## VIII. Application Process

### 八、申请流程

All applications for certification follow this standard process:

1. **Registration** in an IAK-approved learning program
2. **Completion** of study modules and required tasks
3. **Submission** of reflection report, project, or thesis (L2–L3)
4. **Evaluation** by IAK mentors or evaluators
5. **Issuance** of certificate (digital + printed copy)

所有认证申请流程如下：

1. 注册参与 IAK 指定课程或学习项目
  2. 完成学业及相关必修内容
  3. 提交材料（学习总结、项目报告或导师论文）——适用于 L2 与 L3
  4. 接受评估，由 IAK 导师或评审组进行审核
  5. 获得证书（电子版与纸质证书同步发放）
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## **IX. Partner Institutions & Recognition**

### **九、合作机构与认可**

IAK certificates are recognized within the IAK global network and partner organizations. Certified individuals may be invited to:

- Teach or co-lead IAK international workshops
- Represent IAK at cultural forums and public events
- Collaborate with institutions in Switzerland, Europe, and Asia

Current institutional partners include:

- International Breathwork Foundation
- China Education Channel (CEC)
- HH Culture Club (Shanghai)
- South China Yoga Association
- Xufancheng Culture Center (India)
- Nanjing International Cultural Exchange Center

IAK 文化认证获得 IAK 全球网络及合作机构的认可，获得认证的学员将有机会：

- 担任 IAK 国际工作坊的导师或助教
- 代表 IAK 参与各类文化论坛、展览与公众演讲
- 与欧洲、亚洲及瑞士地区的文化教育机构合作开展项目

目前已建立合作关系的机构包括：

- 国际呼吸基金会（IBF）
- 中国国际教育频道 CEC
- 贺荷文化俱乐部（上海）
- 华南瑜伽协会
- 徐梵澄文化中心（印度）
- 南京国际文化交流中心
- 中国传媒大学（北京）



## **X. Appendix: Certificate Sample & Visual Identity**

### **十、附录：证书样本与视觉规范**

Each IAK certificate follows a unified visual and content format for international recognition.

#### **Key Features:**

- Title in English and Chinese
- IAK logo and red official seal
- Personalized QR code (traceable to IAK registry)
- Printed on high-quality textured paper (for official version)
- Digital version for app use and personal archive

所有 IAK 认证证书遵循统一的国际格式，确保视觉识别性与权威性。

#### **证书样本说明：**

- 中英文双语标题与内容
- IAK 协会标识与红色认证印章
- 独立可追溯二维码，链接至官方数据库
- 正式版为高质感纹理纸质印刷
- 同步生成电子证书，可用于 APP 与个人档案库上传展示